

# JANUARY 2019

## Montgomery Public Schools: K-8

Assorted Milk and Fruit offered daily.  
All bread and pasta offered are whole grain.

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**1**

**2**

**3**

**4**
**Corn Dog**  
Chicken Wrap  
Baked Beans  
Potato Rounds  
Assorted Fruit

**7**
**Chicken Alfredo**  
Lasagna Rollup  
Glazed Carrots  
Mixed Vegetables  
Breadstick (1)  
Assorted Fruit

**8**
**Brunch for Lunch**  
**Ham and Cheese Croissant**  
Breakfast Pizza  
Potato Rounds  
Baked Cinnamon Apples  
Assorted Yogurt  
Assorted Fruit

**9**
**Turkey Roast w/ Gravy**  
Beefy Mac  
Italian Green Beans  
Glazed Sweet Potatoes  
Roll  
Assorted Fruit

**10**
**Cod Nuggets (4) w/ Hushpuppies (3)**  
Hotdog  
Baked Beans  
Crinkle Cut Fries  
Assorted Fruit

**11**
**BBQ Pulled Pork Sandwich**  
Chicken Nuggets (5) w/ Roll  
Potato Wedges  
Peas & Carrots  
Assorted Fruit

**14**
**Salisbury Steak w/ Gravy**  
Chicken & Cheese Stick (1)  
Mashed Potatoes  
Steamed Broccoli  
Baby Carrots  
Roll  
Assorted Fruit

**15**
**Pepperoni and Cheese Pizza**  
Cheeseburger Deluxe  
(Lettuce, Tomato, and Pickles)  
Green Peas  
Mexican Corn  
Assorted Fruit

**16**
**Grilled Chicken Sandwich**  
Fish Sandwich  
(Lettuce, Tomato, Pickles)  
Baked Beans  
Sweet Potato Fries  
Assorted Fruit

**17**
**Beef Burrito**  
Mexican Pizza  
Refried Beans  
Corn on the Cob  
Assorted Fruit

**18**

**Chicken Alfredo**  
Lasagna Rollup  
Glazed Carrots  
Mixed Vegetables  
Breadstick (1)  
Assorted Fruit

**22**
**Brunch for Lunch**  
**Ham and Cheese Croissant**  
Breakfast Pizza  
Potato Rounds  
Baked Cinnamon Apples  
Assorted Fruit

**23**
**Turkey Roast w/ Gravy**  
Beefy Mac  
Italian Green Beans  
Glazed Sweet Potatoes  
Roll  
Assorted Fruit

**24**
**Cod Nuggets (4) w/ Hushpuppies (3)**  
Hotdog  
Baked Beans  
Crinkle Cut Fries  
Assorted Fruit

**25**
**BBQ Pulled Pork Sandwich**  
Chicken Nuggets (5) w/ Roll  
Potato Wedges  
Peas & Carrots  
Assorted Fruit

**28**
**Salisbury Steak w/ Gravy**  
Chicken & Cheese Stick (1)  
Mashed Potatoes  
Steamed Broccoli  
Baby Carrots  
Roll  
Assorted Fruit

**29**
**Pepperoni and Cheese Pizza**  
Cheeseburger Deluxe  
(Lettuce, Tomatoes, and Pickles)  
Green Peas  
Mexicali Corn  
Assorted Fruit

**30**
**Grilled Chicken Sandwich**  
Fish Sandwich  
(Lettuce, Tomato and Pickles)  
Baked Beans  
Sweet Potato Fries  
Assorted Fruit

**31**